



Nephrostomy Dressing Change Instructions

1. Wash hands well
2. Remove old dressing, check the exit site for redness, soreness, drainage, pus. Report these things to the Doctor or Nurse.
3. Wash hands again.
4. Wipe around the exit site with alcohol wipes 3 times, starting at the tube exit site moving outward, never retracing your steps.
5. Wipe next with Betadine swabs using same technique- 3 swabs from tube out.
6. Wipe tube itself (gently) from skin outward approx. 6 inches with 1 alcohol wipe.
7. After Betadine has dried, place gauze pad over exit site (and 1 under tube if you want) and then cover with a larger size piece of the cover-roll that you have already cut. You can make a small notch in dressing to allow tube out. Apply anchor tape to the cover-roll dressing instead of skin.
8. Watch the color of the urine, it should remain a pale yellow. Watch the quantity, if no urine output you must see your doctor immediately. (Check first to see if tube is kinked). Report blood in urine, pus in urine or other strange items.
9. Take your temperature daily & report an elevation of 100.4 twice (4 hrs apart) or 101.0 once.



Gynecologic Disease Center

At Walter Reed Army Medical Center

Walter Reed Army Medical Center
6900 Georgia Avenue, NW
Building 2, Room 6743
Washington DC 20307

202-782-8513 (Phone) *Please note: only military health beneficiaries should call this telephone number.*
202-782-9278 (Fax)

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